



# CAMPBELL UNIVERSITY

JERRY M. WALLACE  
SCHOOL OF OSTEOPATHIC MEDICINE



Nicholas Pennings, DO

## Campbell University Health Center Presents Why Our Bodies Like to Gain Weight and What We Can Do About It

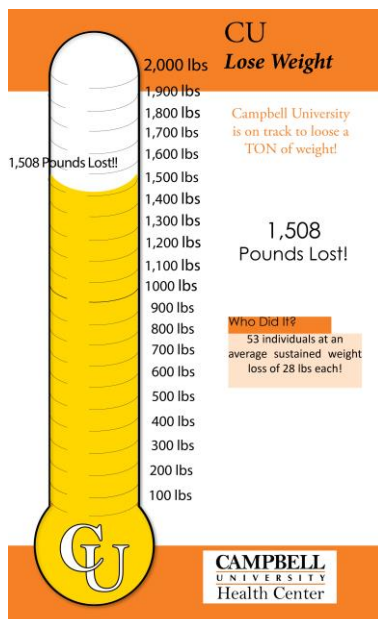
### Nicholas Pennings, DO

CUSOM Assistant Professor Family Medicine  
Board Certified in Family Medicine and Obesity Medicine

Monday, February 8<sup>th</sup> at 6:30 pm  
Open to the Public



Discover what is driving the obesity crisis in the US and the World  
Identify lifestyle changes that improve your health  
Learn about the Campbell University weight loss program



Location:  
Campbell University  
Maddox Hall  
Room 130  
Any questions?  
Contact CU Health Center  
910-893-1560

Planning to attend? Send me an email  
[pennings@campbell.edu](mailto:pennings@campbell.edu)